



P.O. Box 52056
Phoenix, AZ 85072



February 16, 2020

2020029802 - 3

John Q. Public
100 Any Street
Any St. Apartments
7th Floor
Any City, MO 55555-4444



IMPORTANT NOTICE: A Change to your Prescription Drug Coverage

Dear TRICARE Beneficiary:

On April 1, 2020, BRYHALI, a prescription vitamin you're taking, will no longer be covered by TRICARE. It has moved to a non-covered benefit status and will no longer be available through military treatment facility pharmacies or the TRICARE mail order pharmacy. If you continue to take the vitamin, you'll be required to obtain the vitamin from a retail pharmacy and to pay 100% of its cost.

If you are no longer taking the above vitamin, then you don't need to do anything at this time.

If you are taking this vitamin, what should you do?

1. Review the enclosed information called "Options for You and Your Doctor to Consider."
This document provides the vitamin name that is no longer covered, preferred alternatives, and associated cost information.
2. Discuss this information with your doctor to see which of the following options is best for you:
 - Switch your prescription to a preferred alternative vitamin.
 - Continue your non-covered prescription by obtaining at a retail pharmacy and pay 100% of the cost of the vitamin.

Why the Change?

This product does not contain the appropriate ingredients or labeling to retain its status as a covered prenatal vitamin.

Who Should You Contact If You Have Questions?

If you have any questions about your pharmacy benefit or you need help, please visit express-scripts.com/TRICARE or call 877.363.1303.

Sincerely,

Jay Peloquin, PharmD, BCPS
Director, Clinical Account Management
Express Scripts

- Download the Express Scripts™ mobile app for free today! Our easy-to-use mobile app puts your TRICARE® prescription benefit in the palm of your hand.
- Follow us on social media! Add MilitaryRx on [Facebook](#) and [Twitter](#) for health tips, plan info and updates about your pharmacy benefit.

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Options for You and Your Doctor to Consider

On April 1, 2020, BRYHALI will be completely excluded from the TRICARE benefit. Any prior authorization (PA) or medical necessity (MN) your vitamin currently has will no longer apply. You will pay 100% of the vitamin cost if you continue to fill your prescription of your non-covered vitamin. The cost you pay for your non-covered vitamin will not apply to your TRICARE catastrophic cap. Carefully read the information below to understand your options.

Switch to a preferred vitamin.

Preferred Vitamin(s) PA Required for females over the age of 45	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your cost</u> (up to a 90-day supply)		
Preferred Legend Generic Vitamins: <ul style="list-style-type: none"> • Prenatal Plus (Tablet) • Prenatal Vitamin Plus Low Iron (Tablet) • Preplus (Tablet) 	\$0	\$10	\$39

Continue taking your current non-covered vitamin.

Non-Covered Vitamin(s)	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your cost</u>		
<ul style="list-style-type: none"> • Prenate Chewable (Tablet) • Neevo Dha (Capsule) • Prenate AM (Tablet) • Vinate DHA RF (Gelcap) • Obstetrix One (Softgel) • Folet One (Softgel) • Prenate Essential (Softgel) • Enbrace HR (Softgel) • Elite-OB (Caplet) • OB Complete (Caplet) • Nestabs One (Softgel) • Vol-Nate (Tablet) • Concept DHA (Capsule) • Concept OB (Capsule) • Dothelle DHA (Capsule) • Folivane-OB (Capsule) • PNV-VP-U (Capsule) • Prenatal-U (Capsule) • Taron-C DHA (Capsule) • Virt-C DHA (Capsule) 	NOT AVAILABLE	NOT AVAILABLE	100% of the cost of the vitamin.

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