



P.O. Box 52056
Phoenix, AZ 85072-2056



December 5, 2022

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John Q. Public
100 Any Street
Any St. Apartments
7th Floor
Any City, MO 55555-4444



IMPORTANT NOTICE: A Change to your Prescription Drug Coverage

Dear TRICARE Beneficiary:

On December 28, 2022, **PEXEVA**, a prescription medication you're taking, moves from preferred to non-preferred medication status. This means you'll pay a higher cost for your medication(s) unless you switch to the preferred alternative.

If you are no longer taking the above medication, then you don't need to do anything at this time.

If you are taking this medication, what should you do?

1. Review the enclosed information called "Options for You and Your Doctor to Consider."
This document provides a list of medications that are no longer preferred, those that are preferred alternatives, and associated cost information.
2. Discuss this information with your doctor to see which of the following options is best for you:
 - Switch your prescription to a preferred alternative medication, which will cost you less.
 - Continue filling your current prescription and pay a higher cost.

Why the Change?

The Defense Health Agency regularly reviews the list of TRICARE-covered prescription medications to see if there are other medications that are just as effective and cost less. After a recent clinical review with patients' health and wellness in mind, the Defense Health Agency recommends an alternative medication.

Who Should You Contact If You Have Questions?

If you have any questions about your pharmacy benefit or you need help, please visit militaryrx.express-scripts.com or call 877.363.1303.

Sincerely,

Jay Peloquin, PharmD, BCPS
Director, Clinical Account Management
Express Scripts

- Download the Express Scripts® mobile app for free today! Our easy-to-use mobile app puts your TRICARE® prescription benefit in the palm of your hand.
- Follow us on social media! Add MilitaryRx on [Facebook](#) and [Twitter](#) for health tips, plan info and updates about your pharmacy benefit.

Express Scripts manages your TRICARE prescription benefit.

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Options for You and Your Doctor to Consider

On December 28, 2022, the cost you will pay for **PEXEVA** will change. Carefully read the information below to understand your options. Any prior authorization (PA) or medical necessity (MN) your drug currently has will no longer apply. Carefully read the information below to understand your options.

Switch to a preferred medication.

	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your cost</u> (up to a 90 day supply)		
Brand Preferred Medications <ul style="list-style-type: none"> • Citalopram (Tablet) • Escitalopram (Tablet) • Fluoxetine (Capsule) • Fluvoxamine (Tablet) • Paroxetine IR (Tablet) • Sertraline (Tablet) • Venlafaxine IR, ER (Tablet) 	\$0	\$12	\$42

Continue taking your current non-preferred medication.

Non-Preferred Medication(s) PA Required	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your Cost</u>		
<ul style="list-style-type: none"> • Pexeva (Tablet) 	\$0 Note: May not be available. Contact your Military Treatment Facility to verify they carry the medication.	\$68	\$204 Note: Pexeva is subject to a limit of 2 fills at retail. After that, you need to switch your prescription to Home Delivery or Military Treatment Facility.

How to Contact Your Military Treatment Facility's Pharmacy

Visit Tricare.mil/FindDoctor/mtf and type in your ZIP Code or Facility/Installation Name. After clicking on the name, the pharmacy's information, including phone number and hours of operation, will be displayed on the far right side of the web page.

Prior Authorization

Prior authorization (PA) is a routine review process to ensure that the requested drug is safe, cost effective, and medically required. Without an approved PA, you will pay the full cost of the medication through Home Delivery and at retail network pharmacies. The medication may not be available at the Military Treatment Facility. The PA remains valid until it expires or a change is made to its criteria requirements by the Department of Defense (DoD) Pharmacy and Therapeutics (P&T) Committee.

For medications that require a PA, ask your doctor to submit the request(s) electronically through a simple process called Electronic Prior Authorization (ePA). The doctor's office can learn more about ePA at providerportal.surescripts.net/ProviderPortal/dod or covermymeds.com/epa/express-scripts or by calling the Express Scripts doctor line at 866.684.4488 for assistance.

Medical Necessity

If you continue to take a non-preferred medication, your doctor may also submit a medical necessity (MN) request. MN is a set of criteria established by the DoD Pharmacy and Therapeutics (P&T) Committee for each non-formulary medication. If you meet the criteria and your MN request is approved, the non-preferred medication will be dispensed to you at the preferred medication cost share at Home Delivery and retail network pharmacies. A MN request must be completed from a Military Treatment Facility provider to obtain a non-preferred medication from a Military Treatment Facility pharmacy.

More Information

For more information on TRICARE-covered medications and any restrictions and to find forms for PA and MN, visit express-scripts.com/tricareformulary.

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